

VASA ALL INCLUSIVE COACHING PROGRAMME 2013

VASA has experienced tremendous success and growth in its coaching programmes over the past 5 years and are extremely in demand for their coaching services. As such, we have decided to create an All Inclusive Coaching Programme to simplify and streamline the process. Instead of a separate cost for the coaching sessions, travel and any profiling tools that may be used as part of the process, we are now very happy to be able to offer one package that includes:

- Six x 1.5-2 hour coaching sessions (a minimum of 3 face-to-face sessions)
- All associated travel costs (within a 100 mile radius of our office)
- An initial coachee meeting
- A 3-way pre-coaching meeting with the coach, coachee and line manager
- A 3-way review meeting with coach, coachee and line manager
- A comprehensive Emotional Intelligence profiling report
- A DiSC personality profiling tool
- A peer feedback process to gather specific feedback about the coachee

Coaching Programme Outline

Month 1	Initial meeting with Coachee
Month 1	3-way meeting with Coach, Coachee and Line Manager
Month 1	Feedback questionnaires sent out and feedback collated
Month 1	Emotional Intelligence and DiSC questionnaires completed
Month 2	Session 1 – Goal setting and clarification of objectives; Feedback;
Month 3	Session 2 - Emotional Intelligence Report and DiSC profile
Month 4	Session 3 – review actions from previous session; content input; agree new actions
Month 5	Session 4– review actions from previous session; content input; agree new actions
Month 6	Session 5 – review actions from previous session; content input; agree new actions
Month 7	Session 6 – review actions from previous session; review progress towards goals and outcomes
Month 8	3-way review meeting with Coach, Coachee and Line Manager to review programmes and agree next steps

Coaching Programme Investment

TOTAL INVESTMENT: £6500 (+ VAT)

Discounted during 2013:

£3950 (+VAT)

Vicky Smith
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www.VASA.eu.com
 No.4 The Business & Enterprise Centre
 The Abbey School, London Road
 Faversham, Kent ME13 8RZ
 Tel: 01795 888510 Vicky@VASA.eu.com